SORRENTO TENNIS CLUB

NEWSLETTER

December 2021

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Welcome to our new Treasurer

Daniel Kennedy has stepped in to fill the role of Treasurer for the STC Committee. Thank you so much for sparing your precious time for our club.

WA Tennis Industry Awards Night

The Sorrento Junior Open Tournament held in January was chosen as the winner of the 2021 Most Outstanding AR Tournament Award!

Well done to everyone involved in that tournament!!

Current Committee

President:	Barbara Troncone
Vice President:	Chris Tapley
Treasurer:	Daniel Kennedy
Secretary:	Donna Reid
Club Captain:	Daniel Triantopoulos
Ladies Captain:	Suzanne Lucas
Junior Captain:	David Buckoski
Social Coordinator:	*Vacant*
Building & Grounds:	*Vacant*

A Note From the Bar Manager

Dear Members,

What do you think about adding a small stock of non alcoholic wine and beer to the bar?

It was suggested by a member to have 2 classes of wine--one premium quality wine for $25 per bottle and one standard quality at $20 per bottle.

Would you like another beer added to the stock? Something totally different.
I have left a notebook in the bar for your suggestions.

Chris Tapley

PCP Grant

The Sorrento Tennis Club was successful in qualifying for a Powering Communities Program Grant this month which is fantastic!

We will be soon replacing the kitchen stove, the air conditioner in the pro shop and the outside security lights with more energy efficient appliances. These will provide us with electricity savings into the future.

There shouldn't be too much disruption from these installations but please be patient during the works in progress.

We are very grateful to the Federal Government for this opportunity to upgrade old equipment and improve our energy savings.

House Keeping

COVID-19

Please make sure that you are registering with the SafeWA app or on the manual contact register every time you visit the club.

Use of Night Lights

A reminder that the use of night lights incurs a night light fee of $5 for members, unless you have paid the Night Light Waiver.

The use of the lights is costly so please also remember to turn off the lights when you have finished using your court.

Club Correspondence

There has been a few errors with the transfer of our database to the new ClubSpark system. If you're not receiving emails from the club please let admin know.

QR Code for Visitors

All visitors to the club must sign in using a separate QR code which can be found at the bar.

Coming Up... Friday 10th December, 6:30pm

Quiz Night

The Sorrento Tennis Club has once again demonstrated the community spirit within the club by supporting the quiz night with their attendance, donations and help with the organisation.

With the $4,000 raised hopefully the bifold doors to the alfresco area will be a reality next year!

Thank you to the following people for all your hard work in organising the night;

Carol Darby - our Quiz Master
Chris Tapley
Carol Bell
Suzanne Lucas
Kerry Andersen
Sally Bakker
Janelle Stewart
Angie Cocco
Daniel Triantopoulos
John Genovese
David Kirkwood
Linda Campbell

Quiz Night—Thank you to the local businesses who contributed prizes.

Thank you to all the members who donated prizes.

FROM THE COACH

Instyle Tennis Management

Development Squad Newsletter

Hot Shot Tournament Results

On Friday 26th Nov we held the Term 4 Hot Shots and Yellow Ball Tournament. It was another big one with 72 players battling it out in the hot afternoon conditions. Coaches and parents were out in force helping the younger players learning to score and where to stand for each point. It was fantastic to see players getting better as the matches went on and learning lots. Thank you to the Sorrento Tennis club volunteers, bar staff and BBQ cooks for your help too! Fantastic job everyone and a special congratulations goes to:

Ayush Dabasia the winner of Red group 1 and runner up Lucas Yang.
Thea Woodhouse the winner of Red group 2 and runner up Parker McNaught.

Heidi Mills the winner of Orange group 1 and runner up Kian Larian.
Kadijah Yomi-Adeleke the winner of Orange group 2 and runners up Nate Parker & Madeleine Triggs.
Benjamin Pratt the winner of Orange group 3 and runner up Pauline Yang.

Cooper Waite the winner of Green ball group 1 and runner up Malakhi Griffiths.
Rowan Burley the winner of Green ball group 2 and runner up Jake Puccinelli.

Rylan Reid the winner of Yellow group 1 and runner up Joel Matthews.
Nick Stoyanov the winner of Yellow group 2 and runner up Alessandro Vergara Ormeno.

The next event will be in term 1, 2022! Notices will be made through email, on Facebook, in lessons and on our website. Keep checking to make sure you don't miss out!

Dev Squad Holiday Training

2 weeks until school holidays! We make planning easy by offering 4 weeks of Yellow Ball holiday training! A fun and dynamic program bringing a fast way to improve your tennis and have fun with friends. The sessions are match play focused and have players looking to improve shot pace and spin, serve and return, understanding consistent percentages, attacking and defending, as well as fun fitness games to improve movement on the court. The perfect way for pennant players to keep up and improve their skills for the second half of the season too!

Xmas Week: Tue 21st Dec — Thu 23rd Dec. 10am—12pm $105

Happy New Year Week: Tue 11th Jan – Fri 14th Jan, 10am—12pm $140

Aus Open Week: Tue 18th Jan – Fri 21st Jan, 10am—12pm $140

Back to School Week: Tue 25th Jan, Thu 27th & Fri 28th Jan, 10am—12pm $105

Online enrolments are open! Visit our website **www.instyletennis.com.au**

Can't attend all days in the week? Not a worry, you have the option to attend as many as you wish.

Please email **richard@instyletennis**.com.au and notify us about which days you want to attend, cost per day is $35. We also give a sibling discount of 10%, email us for the discount code. ENROL NOW!

FROM THE COACH

City Of Joondalup Primary School Tennis Competition

On **Fri Dec 10th** Instyle Tennis is running the City of Joondalup Primary School Tennis Competition. So far the competing schools this year are Hillarys Primary, Marmion Primary, Davallia Primary, Duncraig Primary, Woodvale Primary, Carine Primary and Poynter Primary, with more to be announced!

On the competition day we are expecting over 150 players! With Support from Tennis West, SunSmart and Sorrento Tennis Club the event is shaping up to be better than ever!

Even if you're not playing, anyone is welcome to come down and watch. The competition will run from 4—6:30pm with the bar open and sausage sizzle. The Sorrento Tennis Club Twilight Christmas Party begins straight after too!

Term 1, 2022 enrolments!

Online enrolments for term 1, 2022 are now open!

To enrol, head to our website: www.instyletennis.com.au

Term 1, 2022 lessons for adults and kids start from Saturday 5th Feb onward.

OUR NEW SPONSOR

Aaron is the Managing Director and Founder of Pro Perform Physiotherapy. He is an APA titled Sports and Exercise Physiotherapist with over 14 years' experience in private practice and sporting team involvement. He originally graduated from Curtin University in 2007, and completed his Masters in Sports Physiotherapy in 2017.

Aaron has previously worked in sports clinics overseas in New Zealand, as well as in central London. He has extensive experience treating patients and athletes in the clinical setting as well as a variety of team-based sporting roles including cricket, baseball, hockey, rugby union and Australian Rules Football. Aaron is also highly experience in treating all forms of musculoskeletal pain including acute and chronic neck and back pain, EPC plans, workers compensation and MVA patients.

Aaron was selected as a Team Physiotherapist at the 2018 Gold Coast Commonwealth Games, and he is the current Head Physiotherapist/Medical Manager for the West Perth Football Club in the WAFL.

Aaron is a local boy born and bred in the northern suburbs, and outside of work he enjoys following most sports especially his beloved Eagles, his own triathlon training, fishing and camping, and of course swimming at his local beach at Sorrento.

Aaron has experience and worked as a sports physiotherapist for:

- West Perth Football Club (current)
- WA State Football Team
- Perth Thundersticks at Hockey WA
- WACA
- Western Force Rugby
- WA Women's State Baseball Team
- Winter Snow Sports
- Claremont Football Club
- North Beach Football Club

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Sports Surfaces

Merry Christmas from the Sorrento Tennis Club Committee and Admin